



# 50 Idioms Cheat Sheet

## EVERYDAY IDIOMS

1. Break the ice – Start a conversation
2. Hit the books – Study hard
3. Under the weather – Feeling sick
4. Piece of cake – Something very easy
5. A blessing in disguise – Appears bad but is good

## WORK & STUDY IDIOMS

1. The ball is in your court – Your turn to act
2. In hot water – In trouble
3. A long shot – Unlikely to succeed
4. Back to the drawing board – Start over
5. Think outside the box – Be creative

## RELATIONSHIPS & LIFE IDIOMS

1. A shoulder to cry on – Someone who listens
2. Bite your tongue – Stop yourself from speaking
3. Cry over spilled milk – Worry about something that can't be changed
4. Go the extra mile – Put in extra effort
5. Tie the knot – Get married

## EMOTIONS & REACTIONS

1. On cloud nine – Extremely happy
2. Hit the sack – Go to sleep
3. In the same boat – In a similar situation
4. Kill two birds with one stone – Achieve two things at once
5. Over the moon – Very delighted

## TRAVEL & EXPERIENCE IDIOMS

1. Hit the road – Start a journey
2. Off the beaten path – Away from tourist spots
3. Travel light – Pack minimally
4. Take the high road – Be moral or noble
5. In a nutshell – In short

## TIPS FOR USING IDIOMS

- ☐ Use idioms in daily conversation to sound natural.
- ☐ Start with 5-10 idioms per week.
- ☐ Watch movies or shows in English to see idioms in context.
- ☐ Practice writing short sentences using idioms.

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